

Fabulous fruit salad

Ingredients

2 satsumas
4 strawberries
8 seedless red grapes, halved lengthways
8 seedless white grapes, halved lengthways
2 bananas
2 x 15ml spoons orange juice



Equipment

Chopping board, table knife, large bowl, a 15ml spoon, 4 serving bowls.

Method

1. Peel the satsumas and separate into segments.
2. Pull the stalks from the strawberries and cut into slices.
3. Peel the bananas and cut into slices.
4. Place all the fruit in the bowl and add orange juice.
5. Mix all the ingredients together.

Top tips

- Try using different types of fruit such as peeled and sliced kiwi fruit, chunks of fresh mango or canned pineapple.
- Instead of orange juice try another juice, such as apple.
- You could serve your fruit salad in a hollowed out fruit such as melon to make it look attractive.

Food skills

- Measure.
- Peel.
- Slice.
- Combine and mix.

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