

# Potato salad

## Ingredients

400g cooked new potatoes  
2 x 15ml spoons of fresh dill  
2 x spring onions  
2 x 15ml spoons of low-fat mayonnaise

## Equipment

Knife, chopping board, mixing bowl, measuring spoons, metal spoon.

## Method

1. Chop the potatoes in half and place into the bowl.
2. Chop the herbs and spring onions and add these to the bowl.
3. Stir in the mayonnaise.



## Top tips

- More vegetables can be added, e.g. canned sweet corn or peas, peppers.
- Meat or other ingredients can also be added, e.g. ham, cooked chicken or hard boiled eggs can be added to the salad.
- To change the flavour of the salad, omit the dill and add different herbs, e.g. mint or coriander.

## Food skills

- Weigh.
- Measure.
- Chop.
- Stir.

This recipe is from the original Licence to Cook programme and is provided under the Open Government Licence.